

Getting the Right Amount of SNAP (Supplemental Nutrition Assistance Program)

MAKE SURE THE FLORIDA DEPARTMENT OF CHILDREN AND FAMILIES (DCF) HAS CURRENT INFORMATION

REPORT IMPORTANT CHANGES

Your income and the income of others in your household.

- Did your income stop or drop? Does your income change monthly?

Your expenses and allowable deductions.

- Have your dependent care costs for childcare or for a senior or an adult with a disability gone up?
- Did you start paying or pay more for child support?
- If you're 60 or older, or have a disability, do you have more than \$35 in medical expenses per month?
This includes: co-pays, Medicare premiums, incontinent supplies, glasses, over-the-counter vitamins, and service animal costs.
- Did your shelter costs go up? This includes rent, mortgage, property taxes, HOA/condo fees, insurance, propane tank rental/gas costs, or disaster repairs.
- Are you homeless with shelter costs? For example, a night in a motel, paying someone to stay in their home, or paying for parking to sleep in your car.

Report a change by any of these options.

- Call DCF Customer Call Center Phone: 1-850-300-4323, Florida Relay 711 or TTY 1-800-955-8771
- Report online at your myflorida.com/accessflorida account
- Visit your local office in person. Contact Florida DCF (myflfamilies.com) for the nearest location.

STOLEN BENEFITS

If your benefits are electronically stolen from your EBT card (called skimming), you may be able to get them replaced. Make sure to regularly check your balance, and change your PIN, and inform DCF if this happens to you.

Download the free Propel app to your phone to help keep track of your EBT card balance in real time.
Visit [Propel](https://propel.com) | Improving America's safety net | United States ([joinpropel.com](https://propel.com))

YOU DO NOT HAVE TO USE ALL YOUR SNAP BENEFITS MONTHLY

The longest you can keep a benefit on a SNAP account is one year. When benefits reach the one year anniversary from which they were posted to the account they are automatically removed.

ADDITIONAL RESOURCES

- If you're pregnant or have children under age 5 you may be able to get extra grocery assistance through the WIC Program. Visit Women, Infants, and Children (WIC) | Florida Department of Health (floridahealth.gov)
- Make sure school age children are participating in the National School Lunch Program. Free breakfast and lunch will be provided to all students attending a Palm Beach County public school or a participating charter school.
- Find food resources at United Way of Palm Beach County's Food Finder Map. Visit Palm Beach County Food Finder - UnitedWayPBC.org/Hunger
- Get an extra \$1 for fruits and vegetables for every \$1 you spend at certain places through Fresh Access Bucks: <https://www.feedingflorida.org/food-access/fresh-access-bucks>
- Get help with recertification at: Access Florida - Florida Department of Children and Families (myflorida.com) or Community Partners: www.myflfamilies.com/services/public-assistance/additional-resources-and-services/ess-storefronts-and-lobbies or <https://access-web.dcf.state.fl.us/CPSLookup/search.aspx>. Palm Beach County residents can also contact Palm Beach County Food Bank (pbcfoodbank.org/apply-for-snap) or Area Agency on Aging Palm Beach (aaapbc.org/apply-food-stamps)
- Get free legal help for problems with SNAP or other safety net benefits through your local legal aid office. Find your local legal aid office at www.floridalawhelp.org/. Palm Beach County residents: Legal Aid Society of Palm Beach County (legallaidpbc.org)

Jwenn Kantite SNAP (Supplemental Nutrition Assistance Program) Pwogram Èd Alimantè Siplemanntè ki Nesesè a

FÈ SÈTEN (DCF) DEPATMAN POU TIMOUN AK FANMI NAN FLORID GEN ENFÒMASYON AKTYÈL LA

RAPÒTE CHANJMAN ENPÒTAN YO

Revni ou ak revni lòt moun ki nan kay la.

- Èske revni ou sispann oswa desann? Èske revni ou chanje chak mwa?

Depans ak dediksyon ou yo ki valab.

- Èske depans pou pran swen depandan w yo pou gadri oswa pou yon vyeya oswa yon adilt ki gen andikap ogmante?
- Èske w te kòmanse peye oswa peye plis pou child support (sipò pou timoun)?
- Si ou genyen 60 an oswa plis, oswa ou gen yon andikap, èske w genyen plis pase \$35 kòm depans medikal chak mwa? Sa enkli: kopeman, peye pou kontra asirans. "Medicare", materyèl pou enkontinans, linèt, vitamin san preskripsyon, ak depans sèvis animal.
- Èske depans pouabri ou ogmante? Sa enkli lwaye, ipotèk, taks kay, HOA/frè pou kondò, asirans, lokasyon tank pwopàn/pri gaz, oswa reparasyon akòz dega.
- Èske ou w se yon moun ki sanzabri avek depans pou lojman? Pa egzanp, yon sware nan motèl, peye yon moun pou rete lakay li, oswa peye pakin pou w kapab dòmi nan machin ou?

Rapòte yon chanjman nan nenpòt fason sa yo.

- Rele Nimewo Sant Apèl Sèvis Kliyantèl DCF : 1-850-300-4323, Relè Florid 711 oswa TTY 1-800-955-8771
- Rapòte sou entènèt nan kont ou te kreye nan myflorida.com/accessflorida
- Vizite biwo ki nan lokalite w la an pèsòn. Kontakte DCF Florida (myflfamilies.com) pou lokal ki pi pre w

BENEFIS YO VÒLÈ

Si yo vòlè benefis ou elektwonikman nan kat EBT w la (kat pou w achte manje), (yo rele sa "skimming"), yo kapab ranplase li pou ou. Fè sèten ou tcheke balans ou regilyèman, epi chanje nimewo PIN ou, ak enfòmasyon DCF si sa rive ou.

Telechaje app Propel la gratis nan telefòn ou pou w kapab kenbe enfòmasyon sou balans kat EBT ou la toutan. Vizite [Propel | Improving America's safety net | United States \(joinpropel.com\)](http://Propel | Improving America's safety net | United States (joinpropel.com))

OU PA OBLIJE ITILIZE TOUT BENEFIS "SNAP" OU A CHAK MWA

Pi lontan ou kapab kenbe yon benefis sou yon kont SNAP se yon ane. Lè benefis yo rive nan yon ane depi yo te afiche nan kont la; y ap retire yo otomatikman.

RESOUS ADISYONÈL

- Si ou ansent oswa w gen timoun ki gen pi pitit pase 5 an, ou kapab resevwa lòt asistans siplemanntè pou fè makèt atravè pwogram "WIC" la. Vizite Women, Infants, and Children (WIC) | Florida Department of Health (floridahealth.gov)
- Fè sèten timoun ki gen laj pou ale lekòl yo patisipe nan Pwogram Nasyonal Repa Midy Lekòl. Y ap bay tout elèv nan Distri Lekòl Rejyon Palm Beach ak lekòl semipiblik ki patisipe yo dejene ak Manje midy gratis.
- Jwenn resous (enfòmasyon) sou manje nan United Way of Palm Beach County's Food Finder Map. Vizite www.UnitedWayPBC.org/Hunger
- Resevwa yon ekstra \$1 pou fwi ak legim pou chak \$1 ou depanse nan kèk kote atravè "Fresh Access Bucks": <https://www.feedingflorida.org/food-access/fresh-access-bucks>
- Jwenn èd pou resètifikasyon nan: Access Florida - Florida Department of Children and Families (myflorida.com) oswa Patnè Kominotè: www.myflfamilies.com/services/public-assistance/additional-resources-and-services/ess-storefronts-and-lobbies oswa <https://access-web.dcf.state.fl.us/CPSLookup/search.aspx>. Moun ki abite nan Rejyon Palm Beach kapab kontakte tou Palm Beach County Food Bank (pbccfoodbank.org/apply-for-snap) oswa Area Agency on Aging Palm Beach (aaapbc.org/apply-food-stamps)
- Resevwa èd legal gratis pou pwoblèm SNAP oswa lòt benefis sou sekirite atravè biwo èd legal ki nan lokalite w la. Chèche biwo èd legal ki nan lokalite w la nan www.floridalawhelp.org/. Moun ki abite nan Rejyon Palm Beach: Legal Aid Society of Palm Beach County (legalaiddpbc.org)